



A Message from PTA President Heather Moore

Welcome to the new school year! There are so many changes this year it is hard to keep up. One change is that the Clinton PTA has elected a new Board to serve you over the next two years. (Click [here](#) for a complete list of Board members.) I want to thank our previous Board for all of their hard work and dedication to Clinton. Many of them have stayed on in different roles, so you will recognize several familiar faces. If ever there was a tough year to step into the role of PTA President, it is this year! But if ever there was a year that the PTA was needed to be a voice for our parents, students, and teachers, it is now.

First and foremost, our main focus is school reopening. The Clinton PTA plans to co-sponsor a weekly Parent Support Group as well as a Wednesday afternoon Enrichment Event for students. We will be partnering with Clinton Human Services and The Henry Carter Hull Library for these events. It has been so nice to see our whole community come together for Clinton families during this crazy time. Details on these two plans will be announced shortly.

Once we have school reopening under our belts, the Clinton PTA's themes for the year will be Mental Health and Racial Justice. We hope you will join us for future events, speakers, and book clubs to navigate these issues together.

This is the time of year you usually see our table at the school Open Houses asking you to join or renew your membership for the year. We rely on funding and assistance from our members to bring speakers and programming. Please take a moment and [click this link](#) to do that now. Help us to help you!

Our new Communications Chair, Liese Zitzkat, has been doing an unbelievable job keeping our social media sites flowing with useful information for Clinton parents. Please visit our [Facebook](#) and [Instagram](#) pages, "like" and follow us, and stay easily informed.

The Clinton PTA Board looks forward to serving you. Please feel free to reach out to any of us. Have a great start to the school year, whatever path you have chosen for your children.

Sincerely,
Heather Moore
Clinton PTA President

Heather was recently featured as Person of the Week in Harbor News! Click [here](#) to read the full article.

PTA Board Openings

Clinton PTA still has openings for two important roles, Membership Chair and Programming Chair. Please contact [Heather](#) if you would like more information about these positions!

*You're
Invited!*

ALL are welcome at PTA meetings! Please come join in the conversation! Our next meeting will be held on Tuesday, September 22 from 7:00-8:30 PM, location TBD. Location and/or Zoom link will be posted on social media.



Clinton Public Schools Reopening Information

Up-to-date information about the Clinton Public Schools reopening plan, including Frequently Asked Questions and recordings from the parent forums, can be found [here](#). If you cannot find the answer to your question on the reopening website, you can send an email to the district or to your child's school:

District: cpsreopening@clintonpublic.net

Joel: joelreopening@clintonpublic.net

Eliot: eliotreopening@clintonpublic.net

Morgan: morganreopening@clintonpublic.net



Mental Health and Coping with Stress

In keeping with Clinton PTA's plan to focus on mental health issues this year, we created a series of 12 tips based on a recent Connecticut PTA webinar, "[Mental Health for Re-Entry.](#)" The webinar discussed ways to help students cope with stress and manage their emotions during these challenging times. The 12-tip series can be viewed on the Clinton PTA [Facebook](#) and [Instagram](#) pages. In addition, the Henry Carter Hull Library offers ongoing Virtual Yoga and Virtual Meditation classes to help manage stress, anxiety, and depression:

Virtual Meditation
Mondays @ 11:00 AM

Online meditation class for adults, guided by **Certified Mindfulness & Meditation Teacher Johanne Vannelli.**

Registration required.
To sign up, email:
sarah@hchlibrary.org

A vertical advertisement for a virtual meditation class. The background is a soft, warm-toned sunset or sunrise sky. On the right side, there is a stack of five smooth, dark grey stones. The text is arranged in three yellow rectangular boxes on the left side.

Virtual Yoga
Fridays @ 9:45 AM

Gentle Yoga Zoom class for adults, led by **Amy deLucia-Ferri.**

Registration required.
To sign up, email:
sarah@hchlibrary.org

A vertical advertisement for a virtual yoga class. The background is a plain white wall. On the right side, a woman with her hair in a ponytail is shown in a yoga pose, sitting on a pink mat with her back to the camera and arms raised. The text is arranged in three white rectangular boxes on the left side.

VIRTUAL TEDxHCHLibrary

x = independently organized TED event



TED Talks Online
3rd Tuesday @ 9:30 AM

View and discuss a curated selection of inspiring and informative TED Talks.

Registration required.
To sign up, email:
sarah@hchlibrary.org

Overcoming Racism: A Virtual TED Talk at HCH Library on Tuesday, September 15

Join Henry Carter Hull Library online the third Tuesday of each month at 9:30 AM to view and discuss TED Talks on a variety of topics, curated by Lynn Hidek. The next TED Talk, on September 15, focuses on overcoming racism, one of the issues on which Clinton PTA will be focusing this year. Email sarah@hchlibrary.org to register, and a meeting link will be sent to you prior to the program.



Free Event: Outdoor Storytime & Craft at Henry Carter Hull Library

On Saturday, September 12, join local authors Mark Seth Lender and Valerie Pettis at 10:30 AM for a reading of "Smeagull The Seagull: A True Story" on the library lawn. Bring a chair/blanket and mask. Then stick around for Grab & Go Ice Cream (generously sponsored by Clinton Rotary Club) from 11:00-1:00 (while supplies last) to celebrate the end of Summer Reading! Take home a Grab & Go Seagull Mask Craft Kit. No registration required.



Mark your calendars!

Tuesday, 9/21: Board of Education meetings (click [here](#) for details)

Tuesday, 9/22: PTA Board meeting at 7:00 PM (location TBD)



Have you renewed your membership yet?

Your membership helps us provide important programming and speakers. Membership runs 7/1-6/30 and is only \$15-\$25 (\$5.50 for students and teachers). Options to join/renew can be found here: <http://www.clintonpta.org/membership/>.

Help us reach more parents and teachers!

Please share this newsletter on Facebook or forward to your friends via email.

Thank you to all of Clinton PTA's generous sponsors!



The Clinton Parent-Teacher Association is an independent, non-profit, non-partisan association whose mission is to be a collective voice for Clinton Public School students, parents, and teachers.